A Celebration of Silence Day of Silence in San Ramon Valley

April 22, 2022

What is Day of Silence?

- This year's Day of Silence takes place on Friday, April 22nd.
- Observed by students who may choose to take a daylong vow of silence as a show of empathy and support for those students who feel voiceless, isolated and alone.
- While concentrated on LGBTQ+ students, the Day of Silence is a day to show support for all students who may not be able to be their authentic selves.
- That silence is broken after school by student groups throughout the District.



Day of Silence: A Brief History

- Began in 1996
- Students from all 50 states, many different countries and many of our SRVUSD schools may participate
- Initiated in the SRVUSD by LGBTQ+ high school students and spread to middle schools and elementary schools
- March 8, 2016: SRVUSD students, in conjunction with SRVEA, successfully petitioned our Board for the first resolution in support of the Day of Silence

Why do we Celebrate the Day of Silence?

The Day of Silence is SRVUSD at our best:

• A student driven initiative to collectively practice empathy and hope and as a message of hope to those students, particularly in our LGBTQ+ community, who feel alone

Touches on what is important to us:

• Social Emotional Well-Being, Equity, and Deep Learning

What do we ask of our sites on the Day of Silence?

- Maintain a respectful environment for those who choose to participate in the Day of Silence
- Commit to maintaining a safe environment daily for our LGBTQ+ communities every day of the year
- Commit to reaching out to students who feel alone and isolated
- Support student groups to determine what they need to safely participate in the Day of Silence
- Fly the progress flags at every school site on April 22, 2022





Use this hashtag

My Name:

My Pronouns:

Join Us By...

I'm breaking the silence because:

glsen.org/DayOfSilence







Community members can join GLSEN national online at 7:00pm ET for the virtual Breaking the Silence rally!

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Learn more at www.glsen.org/day-of-silence

