

Community Resources

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Provider/Agency	Services Offered	Contact Information
Community Services		
Boys and Girls Club of Diablo Valley	Youth development and extended learning program, Open 3:00pm - 6:00pm	1301 Alhambra Ave Martinez, California 94553 (925) 228-3896 https://www.bgcdv.org/
Boy Scouts of America Mt. Diablo Silverado Council	Program options that bring the benefits of Scouting to the greatest number of youth possible; Help facilitate Scouting programs that can provide for the welfare and best interest of each child	800 Ellinwood Way Pleasant Hill, CA 94523 (925) 674-6100 http://www.mdscbsa.org/
Danville Parks and Recreation	Classes in dance, arts, sports, music, etc.	420 Front Street Danville, CA 94526 (925) 314-3400 http://www.danville.ca.gov/Services/Recreation-Services/
Dougherty Valley Aquatic Center	Lifeguard, swim classes. Recreational swimming	10550 Albion Dr. San Ramon, CA 94582 (925) 973-3335
Girl Scouts of Northern California	Programs for the developmental, educational, emotional, and social needs of girls from grades K-12	(800) 447-4475 https://www.gsnorcal.org/
San Ramon Parks and Recreation	Various classes and activities	12501 Alcosta Boulevard San Ramon, CA 94583 (925) 973-3200 http://www.sanramon.ca.gov/Parks/aboutus/about_us.htm
San Ramon Olympic Pool	Lifeguard, swim classes. Recreational swimming	9900 Broadmoor Dr, San Ramon, CA 94583 (925) 973-3240
Tri-Valley YMCA	Youth, teen, family programs. Afterschool programs	5000 Pleasanton Ave., Suite 220 Pleasanton, CA 94566 (925) 263 4444 http://www.ymcaeastbay.org/
Developmental Pediatricians		
Brad Berman, MD	Pediatric Developmental Behavioral Health at Progressions Developmental	1801 Oakland Blvd Walnut Creek, CA 94596 (925) 279-3480

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Erica Buhrmann, MD	Pediatric Developmental Behavioral Health	1402 Solano Ave Albany, CA 94706 (510) 540-5320
Veronica Daly, MD	Pediatric Developmental Behavioral Health at Children's Hospital and Research	747 52nd St Oakland, CA 94609 (510) 428-3351
Lawrence Diller, MD	Pediatric Developmental/ADHD, Behavior at Center for Family Solutions	2099 Mt Diablo Blvd # 202 Walnut Creek, CA 94596 (925) 945-6060
Diane Kusters, PhD	Pediatric Behavioral/Neuropsychologist	43 Quail Ct # 213 Walnut Creek, CA 94596 (925) 946-9660
Josephine Lindt, MD	Pediatric Developmental Behavioral Health	1402 Solano Ave Albany, CA 94706 (510) 525-2670
Ann Parker, MD	Pediatric Developmental Behavioral Health - Neurological issues, and Autism	900 Colusa Ave # 202 Berkeley, CA 94707 (510) 528-5580
Deborah Sedberry, MD	Pediatric Developmental Behavioral Health	37 Quail Ct #300 Walnut Creek, CA 94596 (925) 295-2020
Private Practitioners - Therapists		
Cathy Bennett, MFT	Marriage and Family	2255 Morello Ave Pleasant Hill, CA 94523 (925) 798-9443
Nina Bhatt, M.Ed.	Specializing in supporting families with Special Needs - Autism, ADD/ADHD, Social-Relating, Anxiety, Depression, Pain, and all other Body-Mind-Heart Diseases	All Services by Appointment Only (925) 389-8999 http://www.mindfulbehaviorpractices.com/ http://www.autismuniverse.net/home
Sara Collins, MFT	Individual, Child, and Teen Counseling	2 Crow Canyon Ct San Ramon, CA 94583 (925) 234-8587
Cynthia Corbitt, PsyD	Clinical Psychologist	2817 Crow Canyon Rd Ste 204 San Ramon, CA 94583 (925) 831-0341
Mary Ruth Cross, MFT	Play Therapy	8 Crow Canyon Ct #207 San Ramon, CA 94583 (925) 600-4818

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Julie Dolle, MFT	Family, Marriage, Child and Teen Counseling	145 E Prospect Ave Suite #218-A Danville, CA 94526 (925) 683-7477 http://juliedolle.com/
Sharon Hammon	Marriage, Family and Child Counseling	913 San Ramon Valley Blvd Danville, CA 94526 (925) 838-0297
Linda Lazure, LMFT	Family, Child and Teen Counseling	2551 San Ramon Valley Blvd San Ramon, CA 94583 (925) 743-9388
Sandra Lessenden, MFT	Depression, divorce, grief, anxiety, anger, play therapy	2940 Camino Diablo # 300 Walnut Creek, CA 94597 (925) 933-3338
Deidre Moriarty, PhD	Clinical Psychologist	1868 Clayton Road Suite 230 Concord, CA 94520 (925) 682-4891
Kimberly Olson, MFT	Marriage and Family	400 Main St. Pleasanton, CA 94566 (925) 899-0928
Francine Ostrem, MFT, PhD	Art Therapist	6648 Heartwood Dr. Oakland, CA 94611 (510) 527-6800
John Schinnerer, MA	Child and Adolescent Counseling and Coaching	913 San Ramon Valley Blvd #280 Danville, CA 94526 (925) 575-0258
Amanda Somberg, MFT, MA	Marriage and Family	1399 Ygnacio Valley Rd #12 Walnut Creek, CA 94598 (925) 588-4777
Angela Tracy, MFT	Marriage and Family	2 Crow Canyon Ct, Suite 110 San Ramon, Ca 94583 (925) 980-2409
Julie Weigel, MFT	Play Therapy	919 Village Center #2 Lafayette, CA 94549 (925) 478-3901
Bev Winslow, PhD, MFT	Marriage counselor	1600 S Main St Ste 111 Walnut Creek, CA 94596 (925) 945-1944

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James Wright, MFCC	Adolescent, Child and Family Therapy	38 Quail Ct # 100 Walnut Creek, CA 94596 (925) 943-5799
Grant Wyborny, PhD	Child and Adolescent Therapy	145 E Prospect Ave Danville, CA 94526 (925) 837-1889
Psychiatry		
Department of Psychiatry	Children's Hospital, Oakland	770 53rd St Oakland, CA 94609 510-428-3570
Diablo Behavioral Health Care	Diagnostic, therapeutic, and medical treatment	4185 Blackhawk Plaza Cir #210 Danville, CA 94506 (925) 648-4800 http://www.behaviorquest.com/
Dr. Brian Goldman	Adult, Adolescent, Child Psychiatry	3000 Citrus Cir Walnut Creek, CA 94598 (925) 478-8678
Kirk Hartman, MD	Adult and Child Psychiatry	3050 Citrus Cir Walnut Creek, CA 94598 (925) 683-4880
Melinda Young, MD	Child and Adolescent Psychiatry	43 Quail Ct # 110 Walnut Creek, CA 94596 (925) 944-8880
Counseling Centers & Agencies		
Asian Community Mental Health Services	Provides multicultural and multilingual services to Asian & Pacific Islander communities	13847 East 14th Street, Ste 116 San Leandro, CA 94578 (510) 869-6000 http://www.acmhs.org/
Axis Community Health Center	Mental Health Services: mental health counseling, outpatient drug and alcohol treatment, and DUI classes	(925) 201-6250 http://www.axishealth.org/
Center for Creative Living	Therapy and counseling for individuals, couples, and families	199 E Linda Mesa Ave #4 Danville, CA 94526 (925) 725-1486 http://www.4creativeliving.com/

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Community Counseling Center-CSUEB	Counseling services for individuals, couples, and families; Tues.-Thurs. 9am-8pm (Sept.-June)	25800 Carlos Bee Blvd. Room 260, A&E Building Hayward, CA 94542 (510) 885-3007 http://www.csueastbay.edu/ceas/departments/epsy/cc-center.html
Community Presbyterian Counseling Center	Counseling to children, teens, adults, couples, families, and groups	3180 Crow Canyon Pl #140 San Ramon, CA 94583 (925) 820-1467 http://cpccounseling.com/
Contra Costa County Mental Health	Therapeutic Behavioral Services	2425 Bisso Ln Concord, CA 94520 (925) 521-5700 http://cchealth.org/
Cope Family Support Center	Counseling, anger management, parent education	2280 Diamond Blvd #460 Concord, CA 94520 (925) 689-5811 http://copefamilysupport.org/
Discovery Counseling Center	Community based mental health for all ages	115 Town and Country Dr # A Danville, CA 94526 (925) 837-0505 http://www.discoveryctr.net/
First Hope	Early identification and intervention to prevent psychosis	1034 Oak Grove Rd. Concord, CA 94518 (925) 681-4450 http://www.firsthopeccc.org/
Jewish Family & Children's Services	Multi-cultural acceptance, Youth and Adult Counseling	1855 Olympic Blvd #200 Walnut Creek, CA 94596 (925) 927-2000 http://jfcs-eastbay.org/
JFK Counseling	University Community Counseling Center	2702 Clayton Rd Suite 200 Concord, CA 94519 (925) 798-9240
Oasis Center	Comprehensive outpatient psychotherapy treatment programs; Individual, group, and family therapy	1844 San Miguel Drive, Suite 311 Walnut Creek, CA 94596 (925) 944-1800 http://oasiscenterinc.org/

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National Alliance on Mental Illness (NAMI)	Organization that provides support and education regarding mental illness	550 Patterson Blvd. Pleasant Hill, CA 94523 (925) 942-0767 Crisis Line: (800) 950-6264 Crisis Text Line: Text "NAMI" to 741-741 https://www.nami.org/
Quest Therapeutic Camps	Therapeutic Camps designed for kids	907 San Ramon Valley Blvd #202 Danville, CA 94526 (925) 743-2900 http://www.danvilletherapeuticcamps.com/
Crisis Centers/Hotlines		
American Association of Suicidology	Training on suicide prevention and recovery	(202) 237-2280 http://www.suicidology.org/
Bay Area Crisis Nursery	To help prevent child abuse and child neglect by providing supportive services to families who are in stress or crisis; serving children from birth to 11 years	1506 Mendocino Dr. Concord, CA 94521 0-5 years: (925) 685-8052 6-11 years: (925) 685-3695 https://www.bavareacrisisnursery.org/
California Youth Crisis Line	24 hour crisis line for intervention counseling/youth	(800) 843-5200
Community Violence Solutions	Support services to child and adult victims of sexual assault and their families	2101 Van Ness St. San Pablo, CA 94806 (510) 426-7697 https://cvsolutions.org/
Contra Costa County Child Protective Services	24 hour hotline for reporting	(877) 881-1116

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Contra Costa County Crisis Center	Suicide prevention, crisis counseling, grief	307 Lennon Lane Walnut Creek, CA 94598 (925) 939-1916 http://www.crisis-center.org/ Information and Referral: 211 Crisis and Suicide: 800-833-2900 Crisis Text Line: Text "HOPE" to 20121 Grief: 800-837-1818 (statewide) Child Abuse: 877-881-1116 Elder Abuse: 877-839-4347 Homeless Hotline: 800-808-6444
Contra Costa Regional Medical Center	Full service county hospital	2500 Alhambra Ave Martinez, CA 94553 (925) 370-5000 http://cchealth.org/medicalcenter/ Psychiatric Emergency Services: (925) 646-2800
Contra Costa Youth Continuum of Care	Housing and support services for homeless individuals	1350 Arnold Drive, Suite 202 Martinez, CA 94553 (925) 313-7700
Crisis Text Line	24 hour text line for crisis support	Text "TALK" to 741-741 http://www.crisistextline.org/
National Child Abuse Hotline	24 hour crisis line for intervention and suspected child abuse	800-422-4453
National Runaway Switchboard	Runaways connect with families, or help services	(800) 786-2929 https://www.1800runaway.org/
National Sexual Assault Hotline	RAINN - Rape Abuse & Incest National Network	(800) 656-4673 https://www.rainn.org/
National Suicide Prevention Lifeline	24 hour crisis line for support	(800) 273-8255 https://suicidepreventionlifeline.org/
Northern California Family Center	Foster Family and Runaway Agency	2244 Pacheco Blvd. Martinez, CA. 94553 (925) 370-1990 http://www.ncfc.us/Pages/default.aspx
Poison Control	Helpline for poison control	(800) 222-1222 http://www.calpoison.org/

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Substance Abuse and Mental

Health Services

National helpline and treatment locator

National Helpline: (800) 662-4357
<https://www.samhsa.gov/>

Administration (SAMHSA)

Shepherds Gate

Shelter for moms and their children

1660 Portola Avenue
Livermore, CA 94551
(888) 216-4776
(925) 443-4283
<https://www.shepherdsgate.org/>

STAND! Against Domestic Violence

Crisis intervention and peer support for domestic violence

1410 Danzig Plaza
Concord, CA 94520
(888) 215-5555
<http://www.standffov.org/>

A Step Forward

Child Abuse Treatment Center

2827 Concord Blvd.
Concord, CA 94519
(925) 685-9670
www.asteppforwardinc.com

Tri Valley Haven

Emergency Shelter and Crisis Counseling

3663 Pacific Ave
Livermore, CA 94550
(800) 884-8119
<http://www.trivalleyhaven.org/>

Grief

Cancer Support Community

Individual, family, group counseling for cancer survivors

3276 McNutt Ave
Walnut Creek, CA 94597
(925) 933-0107
<http://www.cancersupportcommunity.net/>

Hope Hospice

Individual and group counseling for grief. Emergency grief counselors

6377 Clark Ave
Dublin, CA 94568
(925) 829-8770
<http://hopehospice.com/>

Ninette Larson

Grief Therapy

2723 Crow Canyon Rd
San Ramon, CA 94583
(925) 330-9576

Eating Disorders

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Casa Serena Eating Disorders	Eating disorder recovery and healing centers	1868 Clayton Rd Concord, CA 94520 (925) 682-8252 http://casaserenaedp.com/
Kaiser Mental Health	Support for teens struggling with Eating Disorders	710 South Broadway, Suite 300 Walnut Creek, CA 94596 (925) 295-4145
Overeater's Anonymous	Groups for eating disorders	Walnut Creek, CA 94598 (925) 274-9491 http://www.oa.org/
R-Quest	Alcohol and Drug Treatment and Eating Disorders	533 Peters Ave #206 Pleasanton, CA 94566 (925) 426-0501
Substance Abuse		
Al-Anon/Alateen	Support group for teens that have loved ones with drug/alcohol problems	http://www.al-anon.alateen.org/
Alcohol and Drug Abuse Council of Contra Costa	DUI program for court ordered e.g. minors in possession	2020 North Broadway Suite 101 Walnut Creek CA 94596 (925) 932-8100 http://www.adaccc.com/
Diablo Valley Drug & Alcohol Services	Addiction treatment center	100 Park Pl #120b San Ramon, CA 94583 (925) 289-1430 http://www.diablovalleytreatment.com/
Narcotics Anonymous	Support group for those who want to stop using drugs. Call for meeting schedules	Concord, CA 94520 (925) 685-4357 http://www.contracostana.org/meetings
New Leaf Treatment Center	Outpatient treatment programs	251 Lafayette Cir #150 Lafayette, CA 94549 (925) 284-5200 http://www.nltc.com/
Project Eden	Outpatient alcohol/drug dependency- individual and group	22646 2nd St Hayward, CA 94541 (510) 413-3487
REACH Project	Individual and group counseling for substance abuse.	1915 D St Antioch, CA 94509 (925) 754-3673

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R-Quest	Alcohol and Drug Treatment and Eating Disorders	533 Peters Ave #206 Pleasanton, CA 94566 (925) 426-0501
Terra Firma Diversion	Substance abuse treatment. Outpatient.	30086 Mission Blvd Hayward, CA 94544 (510) 675-9362 http://www.terrafirmadiversion.com/
Thunder Road Adolescent Treatment Centers	Inpatient/outpatient drug & alcohol program for teens	390 40th St Oakland, CA 94609 (510) 653-5040 http://www.altabatessummit.org/thunderroad/
Weyland Consultation Services	Outpatient alcohol and drug treatment offices	2930 Camino Diablo Walnut Creek, CA 94597 (925) 658-0480 http://www.weylanservices.com/
LGBTQ		
Ally Action	National Education Organization for gay, lesbian, straight youth	1924 Grant St Suite 4 Concord, CA 94520 (925) 685-5480
GLBT National Help Center	Free and confidential peer support and resources for LGBTQ people	2261 Market St #296 San Francisco, CA 94114 (415) 355-0003 http://www.glbthotline.org/ LGBT National Youth Talkline: (800) 246-7743 LGBT National Hotline: (888) 843-4564
Rainbow Community Center	Builds community and promotes well-being of LGBTQ people and their allies	2118 Willow Pass Road, Ste 500 Concord CA 94520 925-692-0090 http://rainbowcc.org/ (866) 488-7386
Trevor Project	24-hour suicide hotline for LGBTQ youth	Text "TREVOR" to (202) 304-1200 http://www.thetrevorproject.org/
Adoption, Foster Care		
Across the World International Adoptions Agency	International adoption agency	399 Taylor Blvd #102 Pleasant Hill, CA 94523 (925) 356-6260 http://atwakids.org/

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Agave Village Inc.	Foster Care	3160 Crow Canyon Pl Suite 120 San Ramon, CA 94583 (925) 866-3020
Bay Area Attachment Center	Counseling - specializing in adoption/attachment	2220 Mountain Blvd # 240 Oakland, CA 94611 (510) 287-8981
Bay Area Legal Aid	Providing legal access to low and very-low income members of the community	1025 Macdonald Ave Richmond, CA 94801 (510) 233-9954 Legal Advice Line: (800) 551-5554 https://baylegal.org/
Family Attachment and Adoption Center	Counseling - specializing in adoption/attachment	1425 Leimert Blvd., Suite 302-A Oakland, CA 94602 Virgina Keeler-Wolf, MA, MFT (510) 339-9363 Stacy Outten, MA, MFT (510) 594-4311 Deborah Raphael, LCSW (510) 849-4495 http://www.attachmentadoption.net/index.html
Uplift Family Services	Foster care and adoption services	2380 Salvio St., Suite 200 Concord, CA 94520 (925) 602-1750 http://upliftfs.org/
Youth Homes Inc.	Abused, neglected, and delinquent children group home - treatment programs - and foster program for wards of the court.	3480 Buskirk Ave #210 Pleasant Hill, CA 94523 (925) 933-2627 http://www.youthhomes.org/ 925-933-2627 www.youthhomes.org
Health/Family Planning		
America's Pregnancy Helpline	Information on pregnancy options	(866) 942-6466 http://www.thehelpline.org/
Axis Community Health Center	Medical Clinic	(925) 462-1755 http://www.axishealth.org/
CC Health Services Financial Counseling	Services for women	(800) 771-4270

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Exhale Pro-Voice	Free hotline to talk about abortion. Services available to women, parents, support providers, etc.	(866) 439-4253 https://exhaleprovoice.org/
Planned Parenthood	Birth control, pregnancy tests, gyno. exams.	200 Porter Dr. San Ramon, CA 94583 (925) 838-2108 https://www.plannedparenthood.org/
Disability Services		
California Department of Rehabilitation	Resource for Californians with disabilities	1485 Civic Ct # 1100 Concord, CA 94520 (925) 602-3953 http://www.rehab.cahwnet.gov/
Care Parent Network of Contra Costa County	Family resource center serving families of children with disabilities and special health care needs	1340 Arnold Drive, Suite 115 Martinez, CA 94553 (800) 281-3023 (925) 313-0999 http://www.contracostaarc.com/html/care.html
Contra Costa Child Care Council	Free services to help parents and providers caring for children with special needs	1035 Detroit Ave., Suite 200 Concord, CA 94518 (925) 676-5442 https://www.cocokids.org/resource-referral/
Down Syndrome Connection of the Bay Area	Services and supports for people with Down Syndrome	101 Town and Country Dr. Danville, CA 94526 (925) 362-8660 http://www.dsconnection.org/